

The Whole Person's Blindness Low Vision Experience – November/December

Greetings from The Whole Person's Blindness Low Vision Experience, where individuals enjoy opportunities to achieve greater independence and access to the community through physical and outdoor activities, art and cultural events and any other experiences we can arrange – the sky's the limit!

Well, the cold weather is finally here, yesterday having been the second coldest Halloween ever...Burr! and the holidays are almost here with seasonal activities just around the corner. So break out those warm holiday sweaters!

There is still space available this Saturday, November 4, as we tour the KCPD Mounted Patrol Section in Swope Park. The Mounted Patrol Section is a valuable asset to the community for crowd control, the horse and rider's overall size and height combining to make them a formidable force in large crowd situations. One mounted patrol officer is equivalent to 8-10 officers on foot.

On November 10, you are cordially invited to **The Whole Person, where we will be making wreaths, this event's focus, giving back to the community, with the wreaths being donated to designated shelters. This event will take place from 2:00-4:00pm, Friday, November 10.**

TWP's choir, Tota Voces, will be caroling during The Whole Person's Happy Holly Days Open House on December 7. If you would like to participate, the choir will be practicing every other Wednesday from 6-8pm here at TWP, the next time, November 15. This is an all-inclusive choir, if you would like to join or have a friend or family member that loves to sing, all are welcome. If you plan to attend, or have any questions, contact Adam Lane at alane@thewholeperson.org, or by phone, 816-627-3334. Let's make beautiful music together!

Have you ever wondered how people who are blind or have low vision watch TV and movies? Even if you already know the answer, you might want to learn how it works on Monday, November 27 at 5:30 here at TWP.

Making Theatre Accessible to People with Vision Loss-- Audio description is a service that provides key information about the visual elements of a performance or exhibit, including costumes, sets and action on stage. Jennifer Nigro, coordinator of volunteers for the Audio-Reader Network, will give you an overview of audio description, its history and its availability, as well as demonstrate how audio description enhances a performance.

Happy Holly Days Open House!

Thursday, December 7 - 5:30-7:00pm at The Whole Person! Join us for music, treats, carolers, photos with Santa and more!

Caroling with the Stone Soup Singers is scheduled for December 9, and The Whole Person will be helping out with transportation. Please contact Tina Jinkens, 785-615-8373 or Sheila, and details will be provided when you RSVP.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron at 816-627-2217 or ssyron@thewholeperson.org. Please carefully read the events listings below, as times and locations for familiar activities may change, and it is important to let me know if you need to cancel.

November/December TWP BLV Experiences

- **Stretching Without Looking does not occur on the second Monday of each month, as TWP board meetings are held in the Community Room at this time.**
- **Mounted Patrol Section Tour:** 11/4 : Call or email for details and to RSVP
- **Stretching Without Looking:** 11/6 , from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO. Improve your flexibility and strength with detailed description and hands-on help. Bring an exercise mat or beach towel if you like, and you don't have to see it to do it!
- **Bowling Blind:** 11/8 from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Here's your chance to socialize and soak up some of that amazing alley atmosphere. Come experience accessible bowling, guaranteed to reduce the frequency of gutter balls! Cost: \$3.50 per game.
- **Giving back to the Community:** 11/10, from 2:00 – 4:00 pm. – Come make wreaths with The Whole Person.
- **Out and About with Canines and Canes:** 11/15, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **Stretching Without Looking:** 11/20, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Creating Squares for KC Beaded Quilt Mural:** 11/20, from 5:00 – 7:30 pm in the Community Room at TWP.
- **Stretching Without Looking:** 11/27, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Making Theatre Accessible to People with Vision Loss:** 11/27, from 5:30 – 6:30 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Happy Holly Days Open House:** 12/7, from 5:30 – 7:00 pm, The Whole Person, 3710 Main, Kansas City, MO.
- **Caroling with The Stone Soup Singers:** 12/9, from 5:00 – 7:30 pm. Call or email for event details or to RSVP.
- **Bowling Blind:** 12/13 from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th.
- **Stretching Without Looking:** 12/18, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Creating Squares for KC Beaded Quilt Mural:** 12/18, from 5:00 – 7:30 pm in the Community Room at TWP.
- **Out and About with Canines and Canes:** 12/20, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **Stretching Without Looking:** Cancelled on 12/25 and 1/1/18.

Every effort will be made to contact participants if events must be canceled due to weather or any other circumstances beyond our control.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron using the contact information below.

The Whole Person thanks you for your interest in The Blindness Low Vision Experience. Please feel free to contact me with your questions and great ideas! You can always contact The Whole Person at 816-561-0304 or visit our website at www.thewholeperson.org for information on all programs and services.

Sheila Styron, ADAC

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