

## The Whole Person's Blindness Low Vision Experience – December/January '18

Greetings from The Whole Person's Blindness Low Vision Experience, where individuals enjoy opportunities to achieve greater independence and access to the community through physical and outdoor activities, art and cultural events and any other experiences we can arrange – the sky's the limit!

We have made it through the year all the way to December, and TWP's BLVE is headed indoors until spring brings a return to hiking and biking and other outdoor activities.

A group enjoyed touring the KCPD Mounted Patrol Section, where stroking and feeding beautiful horses was the main event, and riding horses is in the BLVE's future lineup, when the earth rotates back around to warmer days.

Happy Holly Days Open House!

Thursday, December 7 – 4 - 7:00pm at The Whole Person! Join us for music, treats, carolers, photos with Santa and more! RSVP at [www.thewholeperson.org/holly](http://www.thewholeperson.org/holly)

Caroling with the Stone Soup Singers has been rescheduled for December 30 due to some unavoidable conflicts, and The Whole Person is still able to help out with transportation. Thanks Margaret! Please contact Tina Jinkens, 785-615-8373 or Sheila, and details will be provided when you RSVP.

On Saturday, January 13, the Blindness Low Vision Experience will be the highly acclaimed Arabia Steamboat Museum tour, admission price, only \$5.50. The legend of the Steamboat Arabia is a blend of two stories. One begins many years ago on the West bank of the Mississippi River in the bustling waterfront of St. Louis, Missouri. It was here, in the year 1856, over 200 tons of winters supplies was loaded aboard the Arabia for delivery to the western frontier, nearly 1,000 dangerous miles up the mighty Missouri River. The second is a younger story. Its telling describes the efforts of a family and friends who went in search of the Arabia's riches and found instead a time capsule so immense and so remarkably preserved they would dedicate themselves to preserving the treasures for future generations to see and enjoy.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron at 816-627-2217 or [ssyron@thewholeperson.org](mailto:ssyron@thewholeperson.org). Please carefully read the events listings below, as times and locations for familiar activities may change, and it is important to let me know if you need to cancel.

### December /January 2018 TWP BLV Experiences

- **Stretching Without Looking does not occur on the second Monday of each month, as TWP board meetings are held in the Community Room at this time.**
- **Stretching Without Looking:** 12/4, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO. Improve your flexibility and strength with detailed description and hands-on help. Bring an exercise mat or beach towel if you like, and you don't have to see it to do it!
- **Happy Holly Days Open House:** 12/7, from 4:00 – 7:30 pm, TWP, 3710 Main, Kansas City, MO.
- **Bowling Blind:** 12/13 from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Here's your chance to socialize and soak up some of that amazing alley atmosphere. Come experience accessible bowling, guaranteed to reduce the frequency of gutter balls! Cost: \$3.50 per game.
- **Stretching Without Looking:** 12/18, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Creating Squares for KC Beaded Quilt Mural:** 12/18, from 5:00 – 7:30 pm in the Community Room at TWP.

- **Out and About with Canines and Canes:** 12/20, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **Caroling with The Stone Soup Singers:** 12/30. Call or email for more information and to RSVP.
- **Stretching Without Looking:** Cancelled on 12/25 and 1/1/18.
- **Bowling Blind:** 1/10 from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Here's your chance to socialize and soak up some of that amazing alley atmosphere. Come experience accessible bowling, guaranteed to reduce the frequency of gutter balls! Cost: \$3.50 per game.
- **Arabia Steamboat Museum Tour:** 1/13, 11:00 am. Call or email for more information and to RSVP.
- **Stretching Without Looking:** 1/15, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Out and About with Canines and Canes:** 1/17, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **No BLVE activities are scheduled during the rest of January.**

Every effort will be made to contact participants if events must be canceled due to weather or any other circumstances beyond our control.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron using the contact information below.

The Whole Person thanks you for your interest in The Blindness Low Vision Experience. Please feel free to contact me with your questions and great ideas! You can always contact The Whole Person at 816-561-0304 or visit our website at [www.thewholeperson.org](http://www.thewholeperson.org) for information on all programs and services.

**Sheila Styron, ADAC**

*Blindness Low Vision Specialist, 816-627-2217; [sstyron@thewholeperson.org](mailto:ssstyron@thewholeperson.org)*