

## The Whole Person's Blindness Low Vision Experience – January/February '18

Greetings from The Whole Person's Blindness Low Vision Experience, where individuals enjoy opportunities to achieve greater independence and access to the community through physical and outdoor activities, art and cultural events and any other experiences we can arrange – the sky's the limit!

I hope everyone enjoyed the holidays, and I want to assure you that we will make it through all this cold weather! I am actually fond of cold weather, myself, as in some places, cold means snow, and snow means cross-country skiing, which yours truly loves and will be enjoying along with visiting friends on the west coast from January 19 until February 13 when I will be back in the office. No BLVE activities will be scheduled during this time, and there will not be a BLVE newsletter at the beginning of February, due to my absence. Bowling Blind will take place on the second Wednesday in January and February as usual.

The TWP Getting Social Peer Group will meet Friday, January 5th, 2018 from 2:00pm until 4:00pm. The activities are Regular Bingo and New Year's Resolution Ideas Bingo. There will also be a representative from United Healthcare to discuss United Healthcare Duals Complete.

You can still reserve your spot for Saturday, January 13, for the highly acclaimed Arabia Steamboat Museum tour, admission price, only \$5.50. The legend of the Steamboat Arabia is a blend of two stories. One begins many years ago on the West bank of the Mississippi River in the bustling waterfront of St. Louis, Missouri. It was here, in the year 1856, over 200 tons of winters supplies was loaded aboard the Arabia for delivery to the western frontier, nearly 1,000 dangerous miles up the mighty Missouri River. The second is a younger story. Its telling describes the efforts of a family and friends who went in search of the Arabia's riches and found instead a time capsule so immense and so remarkably preserved they would dedicate themselves to preserving the treasures for future generations to see and enjoy.

Join us as the KC Mavericks host the Toledo Walleye on Sunday, January 21st at 4:05 pm! As the community organization of the night, TWP has a wonderful opportunity to promote awareness of our mission and services, as well as raise some funds! Tickets (general & limited ADA) are \$20 with a portion of each ticket sale benefiting TWP! For more information and to purchase tickets, contact Lea at 561-0304 x9403 or [lklepees@thewholeperson.org](mailto:lklepees@thewholeperson.org)

The National Archives at Kansas City is one of eleven field locations within the National Archives and Records Administration (NARA), and TWP's BLVE will be touring the We the People exhibit, Friday afternoon, February 23. We the People highlights the millions of records that give insight into the lives of ordinary people. Nearly all Americans can find themselves, their neighbors, their ancestors, or their community in the records of the National Archives. In addition, a facsimile of the United States Constitution is included in the exhibit. Group tour participants will also:

- learn about the National Archives as an independent Federal agency;
- discover the architectural significance and history of the Adams Express building which houses the National Archives at Kansas City; and
- view the paintings and hear about the artist, who produced the twin Art Deco murals created for the Works Progress Administration that hang on the walls in the facility.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron at 816-627-2217 or [ssyron@thewholeperson.org](mailto:ssyron@thewholeperson.org). Please carefully read the events listings below, as times and locations for familiar activities may change, and it is important to let me know if you need to cancel.

## January/February 2018 TWP BLV Experiences

- **Stretching Without Looking does not occur on the second Monday of each month, as TWP board meetings are held in the Community Room at this time.**
- **Getting Social:** 1/5, from 2:00 – 4:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Bowling Blind:** 1/10 from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Here's your chance to socialize and soak up some of that amazing alley atmosphere. Come experience accessible bowling, guaranteed to reduce the frequency of gutter balls! Cost: \$3.50 per game.
- **Arabia Steamboat Museum Tour:** 1/13, 11:00 am. Call or email for more information and to RSVP.
- **Stretching Without Looking:** 1/15, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO. Improve your flexibility and strength with detailed description and hands-on help. Bring an exercise mat or beach towel if you like, and you don't have to see it to do it!
- **Out and About with Canines and Canes:** 1/17, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **Bowling Blind:** 2/14 from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Here's your chance to socialize and soak up some of that amazing alley atmosphere. Come experience accessible bowling, guaranteed to reduce the frequency of gutter balls! Cost: \$3.50 per game.
- **Stretching Without Looking:** 2/19, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Creating Squares for KC Beaded Quilt Mural:** 2/19, from 5:00 – 7:30 pm in the Community Room at TWP.
- **Out and About with Canines and Canes:** 2/21, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **NARA Tour:** 2/23, Meet at The Whole Person at 1:00 pm. Call or email for more information and to RSVP.
- **Stretching Without Looking:** 2/26, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.

Every effort will be made to contact participants if events must be canceled due to weather or any other circumstances beyond our control.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron using the contact information below.

The Whole Person thanks you for your interest in The Blindness Low Vision Experience. Please feel free to contact me with your questions and great ideas! You can always contact The Whole Person at 816-561-0304 or visit our website at [www.thewholeperson.org](http://www.thewholeperson.org) for information on all programs and services.

**Sheila Styron, ADAC**

*Blindness Low Vision Specialist, 816-627-2217; [ssyron@thewholeperson.org](mailto:ssyron@thewholeperson.org)*