

The Whole Person's Blindness Low Vision Experience – June/July

Greetings from The Whole Person's Blindness Low Vision Experience, where individuals enjoy opportunities to achieve greater independence and access to the community through physical and outdoor activities, art and cultural events and any other experiences we can arrange – the sky's the limit!

The 2017 CCVI Trolley Run was more about rainbows than thunder and lightning, as those who participated experienced nothing more serious than a few sprinkles during the 4-mile course of this fun fund raiser. Our good weather karma continued when we picnicked and hiked at Watkins Mill, the rain stopping just in time for our adventure where the air couldn't have been fresher or the spring foliage greener.

Coming right up: The BLVE has first dibs on 30 tickets to see the Royals play the Minnesota Twins, Thursday, June 8, 7:15 pm game time. We will be organizing transportation from TWP, but if you are interested in attending and would prefer to arrive independently, you can. In either case, please contact me ASAP with your interest in participation.

Our next tandem ride of the season will take place on Saturday afternoon, June 17, 1:00 – 3:00 pm, thanks to our awesome partnership with BikeWalkKC. Cliff Drive, in George E. Kessler Park in historic Northeast Kansas City. BikeWalkKC volunteers provide their special vehicle to transport the tandems and show up on a Saturday afternoon to safely captain our bikes, generously giving of their time and resources to provide outstanding tandem experiences for our group. We couldn't be more grateful! So be sure to let me know if you want to peddle with us, as RSVP's and following through with commitments to attend are essential for this event's ongoing success.

On June 19, from 5:00 – 7:30 pm, the Creator of the 150,000 beaded, 8'x8' Quilted Mural for the San Francisco Lighthouse, will be here at TWP to work with the Blind and Deafblind community to create a KANSAS CITY BEADED QUILT MURAL, even larger, almost 450,000 beads and 9'x 10'!! Each participant's square will become part of this beautiful community consciousness raising art project. See the paragraph at the bottom of page 2 for more information.

On July 7, from 3:00 – 4:00 pm, tour The Roasterie, where they go to great lengths to create the best coffee in the world. And nobody does it like they do. The BLVE will enjoy a complimentary tour and learn all about their cupping, roasting and blending processes. You'll learn about the history of the company, get a behind the scenes look at the factory and experience a manual coffee brewing demonstration along with a Q&A, coffee and baked items.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron at 816-627-2217 or sstyron@thewholeperson.org. Please carefully read the events listings below, as times and locations for familiar activities may change, and it is important to let me know if you need to cancel.

June/July TWP BLV Experiences

- **Stretching Without Looking does not occur on the second Monday of each month, as TWP board meetings are held in the Community Room at this time.**
- **Stretching Without Looking:** 6/5, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO. Improve your flexibility and strength with detailed description and hands-on help. Bring an exercise mat or beach towel if you like, and you don't have to see it to do it!
- **Royals game:** 6/8, game time is 7:15 pm – meet at TWP at 4:30 pm, unless you have made other arrangements.
- **Bowling Blind:** 6/14, from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Here's your chance to socialize and soak up some of that amazing alley atmosphere. Come experience accessible bowling, guaranteed to reduce the frequency of gutter balls! Cost: \$3.50 per game.

- **Tandem Bike Riding:** 6/17, from 12 noon – 4:00 pm (approx.). Meet at The Whole Person.
- **Stretching Without Looking:** 6/19, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO – bring a mat or towel.
- **Creating Squares for KC Beaded Quilt Mural:** 6/19, from 5:00 – 7:30 pm in the Community Room at TWP.
- **Out and About with Canines and Canes:** 6/21, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **Stretching Without Looking:** 6/26, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO – bring a mat or towel.
- **Stretching Without Looking:** 7/3, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO – bring a mat or towel.
- **Roasterie Tour:** 7/7, meet at TWP at 2:00 pm for transportation to the 3:00 pm tour.
- **Bowling Blind:** 7/12, from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Cost: \$3.50 per game.
- **Stretching Without Looking:** 7/17, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO – bring a mat or towel.
- **Out and About with Canines and Canes:** 7/19, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **Stretching Without Looking:** 7/24, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO – bring a mat or towel.
- **Stretching Without Looking:** 7/31, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO – bring a mat or towel.

Every effort will be made to contact participants if events must be canceled due to weather or any other circumstances beyond our control.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron using the contact information below.

The Whole Person thanks you for your interest in The Blindness Low Vision Experience. Please feel free to contact me with your questions and great ideas! You can always contact The Whole Person at 816-561-0304 or visit our website at www.thewholeperson.org for information on all programs and services.

Sheila Styron, ADAC

Blindness Low Vision Specialist, 816-627-2217; sstyron@thewholeperson.org

KANSAS CITY BEADED QUILT MURAL

The Creator of the 150,000 beaded, 8'x8' Quilted Mural for the Lighthouse of the Blind, in San Francisco is HERE in Kansas City!!!

He would like to work with the Blind and Deafblind community of KC to create a new Beaded Quilt Mural that will be even BIGGER, almost 450,000 beads and 9' x 10' for the public of KC to view!!

Each participant's squares will be contributed to the overall mural. At the meeting at The Whole Person we will be socializing with others, listening to music and creating a beaded square. Maybe even having dessert! All the material will be provided. All you have to do is come to the scheduled event and create.

COME AND LEARN MORE !

LETS JOIN TOGETHER TO CREATE A HUGE MURAL AND SHOW KANSAS CITY WHAT WE CAN DO AS A COMMUNITY!!!