

## The Whole Person's Blindness Low Vision Experience – October/November

Greetings from The Whole Person's Blindness Low Vision Experience, where individuals enjoy opportunities to achieve greater independence and access to the community through physical and outdoor activities, art and cultural events and any other experiences we can arrange – the sky's the limit!

Time to take some deep breaths and begin remembering how to bundle up in preparation for all the cooler weather which will be upon us before we know it. But before we pull on our gloves, let's take one more look back at when we were still wearing shorts, water skiing or trying to and swinging through trees in Swope Park.

Thanks to the persistence of Anthony Broderick, a link was finally located for Channel 5's coverage of the BLVE's Go Ape adventure. If you would like to watch, click on <https://youtu.be/JVF6Xm900YA>

Water Skiing with the MoKan Ski Club was a blast, and we would love to do it again next summer. With so many options available for playing in the beautiful clean waters of Crown Lake, you may not want to miss out on the 2018 event!

Kinky Boots was well, such a kick, a really fun Starlight musical, that I came home and listened to the show again with Apple music while camping in a tent in my yard with my 3 dogs.

The BLVE's next tandem ride in partnership with BikeWalkKC which was scheduled for October 14 at scenic Cliff Drive needed to be rescheduled for October 28th. So please RSVP if you are interested in participating at the new time or were signed up and can no longer attend. This time out, captains and stokers will be partnered up in advance so that whether you just want to try it out or ride for a longer time, you will love your BLVE tandem experience. Remember, we need captains and stokers!

Join the BLVE on Saturday, November 4, as we tour the KCPD Mounted Patrol Section in Swope Park. The Mounted Patrol Section is a valuable asset to the community for crowd control, the horse and rider's overall size and height combining to make them a formidable force in large crowd situations. One mounted patrol officer is equivalent to 8-10 officers on foot. The Mounted Patrol Section consists of eight officers, one sergeant and nine horses, and tours are free.

Have you ever wondered how people who are blind or have low vision watch TV and movies? Even if you already know the answer, you might want to learn how it works on Monday, November 27 at 5:30 here at TWP.

Making Theatre Accessible to People with Vision Loss-- Audio description is a service that provides key information about the visual elements of a performance or exhibit, including costumes, sets and action on stage. Jennifer Nigro, coordinator of volunteers for the Audio-Reader Network, will give you an overview of audio description, its history and its availability, as well as demonstrate how audio description enhances a performance.

Unfortunately, Lawrence Thomas's October 29 organ recital has been cancelled due to personnel changes at his church. Apologies to those of you who had expressed interest, and Lawrence has promised to let us know when his next recital is scheduled.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron at 816-627-2217 or [ssyron@thewholeperson.org](mailto:ssyron@thewholeperson.org). Please carefully read the events listings below, as times and locations for familiar activities may change, and it is important to let me know if you need to cancel.

## October/November TWP BLV Experiences

- **Stretching Without Looking does not occur on the second Monday of each month, as TWP board meetings are held in the Community Room at this time.**
- **Stretching Without Looking:** 10/11, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO. Improve your flexibility and strength with detailed description and hands-on help. Bring an exercise mat or beach towel if you like, and you don't have to see it to do it!
- **Bowling Blind:** 10/11 from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Here's your chance to socialize and soak up some of that amazing alley atmosphere. Come experience accessible bowling, guaranteed to reduce the frequency of gutter balls! Cost: \$3.50 per game.
- **Stretching Without Looking:** 10/16, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Creating Squares for KC Beaded Quilt Mural:** 10/16, from 5:00 – 7:30 pm in the Community Room at TWP.
- **Out and About with Canines and Canes:** 10/18, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **Stretching Without Looking:** 10/23, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Tandem Bike Riding with BikeWalkKC:** 10/28: Call or email for event details or to RSVP.
- **Stretching Without Looking:** 10/30, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Mounted Patrol Section Tour:** 11/4 : Call or email for details and to RSVP
- **Stretching Without Looking:** 11/6 , from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Bowling Blind:** 11/8rom 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th.
- **Out and About with Canines and Canes:** 11/15, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **Stretching Without Looking:** 11/20, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Creating Squares for KC Beaded Quilt Mural:** 11/20, from 5:00 – 7:30 pm in the Community Room at TWP.
- **Stretching Without Looking:** 11/27, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Making Theatre Accessible to People with Vision Loss:** 11/27, from 5:30 – 6:30 pm, TWP Community Room, 3710 Main, Kansas City, MO.

Every effort will be made to contact participants if events must be canceled due to weather or any other circumstances beyond our control.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron using the contact information below.

The Whole Person thanks you for your interest in The Blindness Low Vision Experience. Please feel free to contact me with your questions and great ideas! You can always contact The Whole Person at 816-561-0304 or visit our website at [www.thewholeperson.org](http://www.thewholeperson.org) for information on all programs and services.

**Sheila Styron, ADAC**

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