

# Connecting people with disabilities to the resources they need.

# **Support Groups**

Peer groups provide a forum for problem solving, brainstorming, sharing of concerns, successes, and ways to address issues individually and collectively. Visit our website at www.thewholeperson.org for more information about each of these groups, meeting dates, locations and contact information.

# **Mental Health Peer Mentoring Group**

Support for anyone with a physical, cognitive, or mental health disability.

Join your peers to share information and successful techniques addressing the needs and challenges that you face.

Meets: Twice a month, 1st/3rd Tuesday

**Time:** 5:30 - 7:30 pm

**Location:** TWP, Community Room

**Contact:** Letiah Fraser; lfraser@thewholeperson.org

# **Deaf Peer Social and Support Group**

A peer group for those who are deaf or hard of hearing.

Come join deaf peers in a group environment for fellowship and resource sharing.

**Meets:** As announced every quarter

Time: 1:00-3:00 pm
Location: TWP, Youth Room

Contact: Clark Corogenes; 816-527-8334 (VP)

ccorogenes@thewholeperson.org Micki Keck; 913-227-4298 (VP) mkeck@thewholeperson.org

#### Life with SCI/D

Connecting individuals with Spinal Cord Injuries or Related Disabilities to each other and the resources they need.

Open to individuals with spinal cord injuries or related disabilities. Participants under the age of 18 will need a parent/guardian present. In partnership with Mid America Rehabilitation Hospital and Greater Kansas City Spinal Cord Association.

Meets: Varies each month

Varies by month

Location: Various, depending on host group

Contact: Lea Klepees; lklepees@thewholeperson.org

https://www.facebook.com/groups/TWPSClgroup/

# **Blindness Low Vision Experience**

Opportunities to achieve greater independence and access to community through outdoor activities, art and cultural events.

**Contact:** Sheila Styron; sstyron@thewholeperson.org

# **Brain Injury Peer Support Group**

Connecting individuals with brain injuries to each other and the resources they need.

For individuals, 17 and older, who have had a brain injury from an accident, stroke, tumor, aneurism or seizure disorder, and are seeking to connect with others who are going through the same experiences.

Meets: Once a month, 2nd Thursday

**Time:** 3:00 - 4:30 pm

**Location:** TWP, Community Room

**Contact:** Letiah Fraser; lfraser@thewholeperson.org

# **Consumer Advocacy Group**

An advocacy group for individuals with disabilities and their PCAs to participate in advocacy activities.

A group created to empower individuals with disabilities and their PCAs to participate in advocacy activities like voter registration, candidate forums, and legislative days.

**Meets:** Once a month, 4th Tuesday

**Time:** 1:00 - 3:00 pm

**Location:** TWP, Community Room

**Contact:** Michael Riley; mriley@thewholeperson.org

# **TWP Getting Social**

A social group open to all people with disabilities, their PCAs, family, friends, and other service providers.

**Meets:** Once a month, 1st Friday

**Time:** 2:00 - 4:00 pm

**Location:** TWP, Community Room

**Contact:** Meg Ward; mward@thewholeperson.org