The Whole Person
People with Disabilities Leading Independent Lives

*Connecting people with disabilities to the resources they need.*

# Support Groups

Peer groups provide a forum for problem solving, brainstorming, sharing of concerns, successes, and ways to address issues individually and collectively. Visit our website at www.thewholeperson.org for more information about each of these groups, meeting dates, locations and contact information.

## Mental Health Peer Mentoring Group

***Support for anyone with a physical, cognitive, or mental health disability.***

Join your peers to share information and successful techniques addressing the needs and challenges that you face.

**Meets:** Twice a month, 2nd/4th Wednesday
**Time:** 5:30 - 7:30 pm
**Location:** TWP, Community Room
**Contact:** Letiah Fraser; lfraser@thewholeperson.org

## Deaf Peer Social and Support Group

***A peer group for those who are deaf or hard of hearing.***

Come join deaf peers in a group environment for fellowship and resource sharing.

**Meets:** As announced every quarter
**Time:** 1:00-3:00 pm
**Location:** TWP, Youth Room
**Contact:** Clark Corogenes; 816-527-8334 (VP)
ccorogenes@thewholeperson.org

## Life with SCI/D

***Connecting individuals with Spinal Cord Injuries or Related Disabilities to each other and the resources they need.***

For individuals, 17 and older, with a spinal cord injury who are seeking to connect with others who are going through the same experiences. In partnership with Mid America Rehabilitation Hospital and Greater Kansas City Spinal Cord Association.

**Meets:** Varies each month
**Time:** Varies by month
**Location:** Various, depending on host group
**Contact:** Lea Klepees; lklepees@thewholeperson.org
https://www.facebook.com/groups/TWPSCIgroup/

## Blindness Low Vision Experience

***Opportunities to achieve greater independence and access to community through outdoor activities, art and cultural events.***

**Contact:** Sheila Styron; sstyron@thewholeperson.org

## Brain Injury Peer Support Group

***Connecting individuals with brain injuries to each other and the resources they need.***

For individuals, 18 and older, who have had a brain injury from an accident, stroke, tumor, aneurism or seizure disorder, and are seeking to connect with others who are going through the same experiences.

**Meets:** Once a month, 2nd Thursday
**Time:** 3:00 - 4:30 pm
**Location:** TWP, Community Room
**Contact:** Zach Goodman; zgoodman@thewholeperson.org

## Consumer Advocacy Group

***An advocacy group for individuals with disabilities and their PCAs to participate in advocacy activities.***

A group created to empower individuals with disabilities and their PCAs to participate in advocacy activities like voter registration, candidate forums, and legislative days.

**Meets:** Once a month, 4th Tuesday
**Time:** 1:00 - 3:00 pm
**Location:** TWP, Community Room
**Contact:** Karen Gridley; kgridley@thewholeperson.org