



DIY - LifeSkills 2024

For Young Adults 18-24

3rd Wednesday of each month from 2 - 3 pm
or date specified

January 31st

Cooking and Meal Prep



February 21st

Communication Skills



March 20th

Personal Safety



April 17th

Self-Care and Hygiene



May 15th

Simple Snacks and Nutrition



June 21st

Group Event



Location: Youth Room

For more information, please contact
Celeste Davis at (816) 659-9406 or
cdavis@thewholeperson.com

Missouri Office Information:

(816) 561-0304
3710 Main Street
Kansas City, Missouri 64111