

The Whole Person's Blindness Low Vision Experience – September/October '18

Greetings from The Whole Person's Blindness Low Vision Experience, where individuals enjoy opportunities to achieve greater independence and access to the community through physical and outdoor activities, art and cultural events and any other experiences we can arrange – the sky's the limit!

Support The Whole Person and your Kansas City Chiefs at the same time! Announcing our "Kansas City Chiefs Fundraiser" – FOUR games available now. Tickets are \$33.50/each. \$10 goes back to The Whole Person! Your support matters to us!

Here is how to get your \$33.50 Chiefs tickets: Go to www.chiefs.com/ticketfundraiserr, select a game, enter Promo Code: WHOLEPERSON, choose your seating section and pay for your tickets. Share promo code/link with your Friends and Family! For ADA Seating Options: after purchasing your ticket through the above link, contact Sheila Sickau 816-920-4697 or ssickau@chiefs.NFL.com.

"Mind's Eye View," the BLVE's new solution focused peer support group for people with vision loss will take place from 5:30 to 6:30 on September 10 as Labor Day is the first Monday, and TWP will be closed. The group will return to meeting from 5:30/6:30 pm on the first Monday in October.

On September 29, TWP's BLVE will be touring Weston Red Barn Farm, where we will be spending some quality time with farm animals, hanging out in the pumpkin patch and enjoying a sleigh ride. We will also be able to purchase fresh eggs and other fresh farm produce. Call with questions or to RSVP.

Kansas City's next election is on Tuesday, November 6, and TWP has been designated as a central polling place, which means that anyone can vote here. TWP will have an accessible machine on site, in October, and anyone interested in familiarizing yourself with using it, can contact me to make an appointment.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron at 816-627-2217 or ssyron@thewholeperson.org. Please carefully read the events listings below, as times and locations for familiar activities may change, and it is important to let me know if you need to cancel.

September/October 2018 TWP BLV Experiences

- **Stretching Without Looking** does not occur on the second Monday of each month or holidays.
- **TWP's Getting Social:** Friday, 9/7 from 1:00 – 3:00 pm. Panel discussion on effective communication – snacks and games – RSVP to Meg Ward, mward@thewholeperson.org
- **Mind's Eye View: Monday:** 9/10 from 5:30 – 6:30 pm at TWP. A solution focused peer support group for people with vision loss – call or email with questions or to RSVP.
- **Bowling Blind:** 9/12, from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Cost: \$3.50 per game.
- **Stretching Without Looking:** 9/17, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Creating Squares for KC Beaded Quilt Mural:** 9/17, from 5:00 – 7:30 pm in the Community Room at TWP.
- **Out and About with Canines and Canes:** 9/19, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.

- **Stretching Without Looking:** 9/24, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Red Barn Farm Tour: Saturday:** 9/29, from 10:00 am to approx. 3:00 pm. Call or email with questions or to RSVP.
- **Stretching Without Looking:** Monday – 10/1: from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Mind's Eye View:** Monday, 10/1, from 5:30 – 6:30 pm at TWP.
- **Getting Social:** Friday, 10/5, from 1:00 – 3:00 pm. Play games, hear from Rick Haith about the importance of staying fit plus hotdogs and other snacks. RSVP to Meg Ward, mward@thewholeperson.org.
- **Bowling Blind:** Wednesday, 10/10, from 6:30 – 9:30 pm (approx.), Ward Parkway Lanes, 1523 W. 89th. Cost: \$3.50 per game.
- **Stretching Without Looking:** Monday, 10/15, from 5:30 – 6:30 pm at TWP.
- **Creating Squares for KC Beaded Quilt Mural:** Monday, 10/15, from 5:00 – 7:30 pm in the Community Room at TWP.
- **Out and About with Canines and Canes:** Wednesday, 10/17, from 11:00 am – 2:00 pm (approx.). All aboard RideKC! You choose where to explore, which bus route to practice. Times and dates for scheduling this event are flexible.
- **Stretching Without Looking:** Monday – 10/22: from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.
- **Tandem Bike Riding at Leawood Park with BikeWalkKC:** Saturday, 10/27, from 1:00 to 3:00 pm. Call or email with questions or to RSVP.
- **Stretching Without Looking:** Monday – 10/29, from 4:00 – 5:00 pm, TWP Community Room, 3710 Main, Kansas City, MO.

Every effort will be made to contact participants if events must be canceled due to weather or any other circumstances beyond our control.

If you are interested in signing up for events, would like to volunteer or have questions and ideas for The Whole Person's Blindness Low Vision Experience, please contact Sheila Styron using the contact information below.

The Whole Person thanks you for your interest in The Blindness Low Vision Experience. Please feel free to contact me with your questions and great ideas! You can always contact The Whole Person at 816-561-0304 or visit our website at www.thewholeperson.org for information on all programs and services.

Sheila Styron, ADAC

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