



**The Whole Person**

People with Disabilities Leading Independent Lives

# *Getting Social*

*November 5, 2021 / 1:00 pm-3:00 pm*

*Enjoy the Holiday Season!*

***Remember you always have something to be thankful for!***

Need some tips that will help boost your mood?

Visit with us in person or on Zoom and listen to our guest speaker,  
Carol McGraw, Executive Director NAMI (National Alliance on Mental Illness)  
Greater Kansas City

For more information, to RSVP, to request a Zoom link  
Please contact Amy Harris at 816.659.9966 or  
[A.harris@thewholeperson.org](mailto:A.harris@thewholeperson.org)

