



DIY - LifeSkills 2024

For Young Adults 18-24

3rd Wednesday of each month from 2 - 3 pm

or date specified

July 17th

Physical Health



August 21st

Interview Skills



September 18th

Stress Management
& Sensory Crafts



October 16th

Personal Safety



December 4th

Holiday Party &
Ornament Crafts



Location: Community Room

For more information, please contact the
Youth & Adult Support Team at
(816) 561-0304

Missouri Office Information:

(816) 561-0304
3710 Main Street
Kansas City, Missouri 64111