



# DIY - LifeSkills 2024

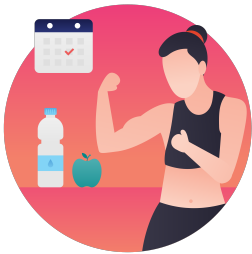
**For Young Adults 18-24**

**3rd Wednesday of each month from 2 - 3 pm**

*or date specified*

**July 17th**

Physical Health



**August 21st**

Interview Skills



**September 18th**

Stress Management  
& Sensory Crafts



**October 16th**

Personal Safety



**November 20th**

Budgeting &  
Money Management



**December 4th**

Holiday Party &  
Ornament Crafts



**Location: Community Room**

For more information, please contact  
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