DIY Life Skills Class
For 18-24 year olds

Why is good personal hygiene important?
Let’s talk about it with Independent Living Advocates, Adrea Hobson and Ruthie Stephens!

Join us at
The Whole Person,
3710 Main, Kansas City, MO
on October 6, 2020
from 2:00-3:30 pm

Topics and activities:
• Hand Washing
• Brushing Teeth
• Combing Hair

In addition to learning steps to good personal hygiene, you will learn how to sort and do laundry.

For more information, contact Ruthie Stephens:
816-595-3333 or rstephens@thewholeperson.org