



The Whole Person

People with Disabilities Leading Independent Lives

DIY Life Skills

For Young Adults 18-24

SETTING GOALS

Join us for an engaging workshop focused on setting goals. Discover your unique skills and learn practical steps to set meaningful goals. Plus, enjoy crafting a dream board full of goals!



Wednesday, Jan. 15th
2:00 - 3:00 pm



The Whole Person
Community Room



Scan the QR
code for more
information.



For more information, please contact
Naycole Reed at 816-659-9406 or
nreed@thewholeperson.org.

Support group meets every
3rd Wednesday of the month from
2:00 pm - 3:00 pm at **The Whole Person**

3710 Main Street, Kansas City, MO 64111 • thewholeperson.org