



DIY - LifeSkills 2024

For Young Adults 18-24

3rd Wednesday of each month from 2 - 3 pm
or date specified

January 17th

Cooking and Meal Prep



February 21st

Communication Skills



March 20th

Personal Safety



April 17th

Self-Care and Hygiene



May 15th

Simple Snacks and Nutrition



June 21st

Group Outing



Location: Youth Room

For more information, please contact
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