



The Whole Person

People with Disabilities Leading Independent Lives

DIY Life Skills

For Young Adults 18-24

January 15th

Setting Goals



February 19th

Healthy Habits



March 19th

Healthy Lifestyle



April 16th

Self Love



May 21st

Manners Matter



June 18th

Pool Safety



For more information, please contact
Naycole Reed at 816-659-9406 or
nreed@thewholeperson.org

Support group meets from
2:00 pm - 3:00 pm at
The Whole Person

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