

## YOUTH (K-12) POWER SOCCER SERIES

The youth power soccer eight-week-series will consist of one, two-hour practice per week for eight weeks. The goals of the series are to: Introduce the participants to the basic of power soccer; Assess the participants chair skills, ball skills, and the comprehension of the game rules and game play as the program continues to develop.

### THE GAME

- Allows individuals with a variety of diagnosis in power wheelchairs to participate in a fun, recreational game of soccer
- Uses the same rules as traditional soccer
- Three players and a goalie make up one team
- Players have guards temporarily attached to their wheelchairs and use a larger soccer ball
- Participants must have swing away leg rests

### CRITERIA

- Four-wheel power wheelchair — will supply wheelchairs if needed
- Power wheelchairs with center posts or swing away leg rests are welcome. If you have center post leg rests or do not normally use a power wheelchair, please contact Mobility First (816) 350-7600.
- Participants must be able to independently maneuver a power wheelchair at varying rates of speed
- Participants must be able to follow one-three step directions independently
- For safety reasons, no cords or bags of any kind can hang from the wheelchair

### PARTICIPATION

To ensure a fun and safe event, youth must be:

- Ages K-12 and able to actively participate in workshop\*
- Seizure free for at least 2 months\*
- Caregiver presence needed for assistance if participant is not physically independent\*

\*NOTE: Parent/guardian will need to sign a waiver before child can play. Waiver will be available at venue.

### THANK YOU

Mobility First for helping make the power wheelchair soccer workshop possible.

**MOBILITY FIRST** 



## YOUTH (K-12) POWER SOCCER EIGHT-WEEK SERIES

**Thursdays**  
**Sept. 5-Oct. 24**  
**6:00 - 8:00 pm**

### LOCATION

**Hy-Vee Arena**  
**1800 Genessee St**  
**Kansas City, MO 64102**

### **\$40 registration fee**

*(pay full amount upon registration  
or pay \$5 at each practice. Financial  
assistance is available)*

**Sign up online at:**  
**[thewholeperson.org/powersoccer](http://thewholeperson.org/powersoccer)**

**For more information,  
contact:**

**Rick Haith**

*The Whole Person  
Recreation Outreach Coordinator*

**816-627-2229**

**[rhaith@thewholeperson.org](mailto:rhaith@thewholeperson.org)**