Peer Groups



Peer groups provide a forum for problem solving, brainstorming, sharing of concerns, successes, and ways to address issues individually and collectively. Visit our website at <u>www.thewholeperson.org</u> for more information about each of these groups, meeting dates, locations and contact information.

Brain Injury Peer Support Group

Connecting individuals with brain injuries to each other and the resources they need.

For individuals, 17 and older, who have had a brain injury from an accident, stroke, tumor, aneurism or seizure disorder, and are seeking to connect with others who are going through the same experiences.

Meets: Once a month, 2nd Thursday

Time: 1:00 - 2:00 pm

Location: TWP, Youth Room or virtual via Zoom Contact: Sarah Carlson; scarlson@thewholeperson.org

Deaf Peer Social and Support Group

A peer group for those who are deaf or hard of hearing.

Come join deaf peers in a group environment for fellowship and resource sharing.

As announced every quarter Meets:

1:00 - 3:00 pm Time:

Location: TWP, Community Room

Contact: Clark Corogenes; 816-527-8334 (VP)

ccorogenes@thewholeperson.org Micki Keck; 913-227-4298 (VP) mkeck@thewholeperson.org

Getting Social/Life Skills

A social group open to all people with disabilities, their PCAs, family, friends, and other service providers.

Meets: Once a month

1st Friday, unless otherwise specified

Time: 1:00 - 3:00 pm

Location: TWP Community Room, Missouri office

Contact: Ruthie Stephens; rstephens@thewholeperson.org

Life with SCI/D

Connecting individuals with spinal cord injuries or related disabilities to each other and the resources they need.

Open to individuals with spinal cord injuries or related disabilities. Participants under the age of 18 will need a parent/guardian present.

Currently interacts only in Facebook group Meets:

Connect to group on Facebook and ask to join.

https://www.facebook.com/groups/TWPSClgroup/

Contact: Sarah Carlson; scarlson@thewholeperson.org

Celeste Davis; cdavis@thewholeperson.org

Blindness Low Vision Experience

Opportunities to achieve greater independence and access to community through outdoor activities, art and cultural events.

Activities: Tech Talk; Tandem Bike Riding; Adaptive Bowling

Contact: Halley Korff; hkorff@thewholeperson.org

Mental Health Peer Group

Support for anyone with a physical, cognitive, or mental health disability.

Join your peers to share information and successful techniques addressing the needs and challenges you face.

Twice a month, 1st/3rd Tuesday; Meets:

Group will meet for a 3rd time in months that

have a fifth Tuesday

Time: 5:30 - 7:30 pm

Location: In Person or virtual via Zoom

Contact: Deb Babbitt; dbabbitt@thewholeperson.org

Mind's Eye View

Individuals with low vision seeking to live independent, fulfilling, self-supporting lives, fully integrated into society's mainstream.

A solution-focused peer support group discussing issues faced by people who are blind or low vision and exploring strategies for achieving and maintaining emotional, psychological and social well-being.

Meets: Once a month, 1st Monday

Time: 6:30 - 7:30 pm **Location:** Virtual via Teams

Contact: Halley Korff; hkorff@thewholeperson.org

DIY Life Skills

A group designed for youth 18-24 year-olds who would like to learn life skills and independent living skills.

Meets: Once a month; 3rd Wednesday

Time: 2:00 - 3:00 pm

Location: TWP Community Room in-person,

or virtual via Zoom

Contact: Celeste Davis; cdavis@thewholeperson.org



Connecting people with disabilities to the resources they need.

Mission Statement

The Whole Person connects people with disabilities to the resources they need by supporting independent choice and advocating for positive change in the community.

Vision Statement

The Whole Person envisions a fully accessible community where opportunities and choices are not limited by disability.

Who We Serve

- People of all ages with developmental/cognitive, mental health, sensory, and physical disabilities
 Examples of disabilities:
 Amputation, Arthritis, Autism Spectrum Disorder,
 Bipolar Disorder, Blindness/Low Vision, Brain/Head
 Injury, Cancer, Cerebral Palsy, Diabetes, Dyslexia,
 Environmental Sensitivity, Epilepsy, Fibromyalgia,
 Hearing/Speech Disability, HIV/AIDS, Learning
 Disability, Lupus, Multiple Chemical Sensitivity,
 Muscular Dystrophy, Multiple Sclerosis, Polio, Renal
 Conditions, Spina Bifida, Spinal Cord Injury, Stroke
- The parents, spouses, siblings and significant others of people with disabilities
- We serve the following counties.
 Missouri: Cass, Clay, Jackson and Platte.
 Kansas: Johnson, Leavenworth and Wyandotte.

Programs Include:

- Independent Living Skills Training
- · Personal Assistant Services
- Employment Services
- Information & Referral
- Individual and Systems Advocacy
- · Deaf / Hard of Hearing Services
- Transition Services (youth to adulthood and nursing home patients to their own home)
- Blind Low Vision Experience
- In-Home Care and Home Health Care

Peer Support Groups

Through peer groups there is a full exchange of brainstorming, problem solving, and sharing of concerns, successes, and ways to address issues. Peer groups meet 1-2 times a month. Information about each of these groups, meeting dates, locations and contact information for each facilitator is found on our website.

Community Outreach

The Whole Person provides education on disability etiquette, including reasonable accommodations and accepted social interaction, as well as why disability awareness is important. Visit our website to arrange a presentation for your company or organization.

Accessibility

The Whole Person is committed to providing accessible information about our programs and services. We offer large print and Braille versions of our materials upon request. Additionally, accessible PDF files are available on our website, which can be used with screen-reading programs. Our website features an assistive toolbar with various accessibility tools, including a screen reader, styling options, reading aids, and translation support. If you require any assistance or have specific accessibility needs, please contact us.

LOCATION:

3710 Main Street Kansas City, MO 64111

Missouri:

816-561-0304

Kansas:

913-871-4188

thewholeperson.org