

getting social

PEER SUPPORT GROUP

2026

Getting Social is a fantastic way to connect with others who have disabilities and get involved in the community. This group is all about enjoying each other's company, participating in fun activities, and building meaningful connections. Join us and be part of the fun!

Support group meets on the **1st Friday of each month** from 1-3 pm at The Whole Person.
or date specified

For more information, please contact **Ruthie Stephens** at 816-595-3333 or rstephens@thewholeperson.org

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9th

January
A Fresh Start



6th

February
Random Acts of Kindness

6th

March
Celebrating Art



3rd

April
Stress Awareness

1st

May
Family Time



5th

June
Brain Awareness Month

7th

August
Hobbies



11th

September
Positive Ripple Effect

2nd

October
Outing



6th

November
Coziness and Warmth