

Information & Referral

*Helping You Find Answers,
Explore Resources, and Take the Next Step*



**Scan the QR code to learn
more or contact our team.**

www.thewholeperson.org



You Don't Have to Have All the Answers.

Life doesn't come with a roadmap.

After an illness, injury, new diagnosis, or major life change, it's common to have more questions than answers.

What services are available?

Where do I begin?

Who should I call?

What if I don't qualify?

Many people contact The Whole Person before they know exactly what they need.

That's okay.

Helping people understand their options is one of the most important things we do.

This guide explains how Information & Referral services can help you navigate available resources and take the next step with confidence.

Every Journey Begins With a Conversation

You don't need to know the name of a program.

You don't need to know which services you qualify for.

You simply need a place to start.



What Is Information & Referral?

Information & Referral is a service that helps individuals and families understand available resources, explore possible options, and connect with programs that may meet their needs.

Sometimes the right solution is a service offered by The Whole Person.

Other times, another organization or community partner may be a better fit.

Either way, our goal is the same:
Helping you find the information and support that moves you forward.



Information & Referral Can Help With...

- ✓ **Independent Living resources**
- ✓ **Home-based services**
- ✓ **Employment resources**
- ✓ **Transportation options**
- ✓ **Accessibility information**
- ✓ **Community programs**
- ✓ **Advocacy resources**
- ✓ **Referrals to partner organizations**
- ✓ **Questions about available services**

**Every person's situation is different, and
every conversation begins by listening.**



You Don't Need to Know the Right Questions

One of the most common things we hear is:

"I don't even know what to ask."

That's perfectly okay.

Our team understands that navigating services can feel overwhelming.

We'll listen to your situation, ask questions that help us understand your needs, explain available options, and help you identify the next step that makes the most sense for you. You don't have to figure everything out before reaching out.

Sometimes the Best Resource Is the Right Conversation

Many people discover services they didn't even know existed simply because someone took the time to listen and point them in the right direction.

That's the value of Information & Referral.



At a Glance

Information & Referral Helps You...

Information & Referral Helps You...

- ✓ Understand available services
- ✓ Learn about community resources
- ✓ Connect with organizations
- ✓ Explore possible options
- ✓ Ask questions
- ✓ Identify next steps

It Doesn't Require You To...

- ✗ Know exactly what you need
- ✗ Understand every program
- ✗ Navigate the system alone
- ✗ Complete everything by yourself
- ✗ Have all the answers
- ✗ Already know where to begin

Remember

The hardest part is often making the first phone call.
After that, you don't have to navigate the journey alone.

Common Questions

“What if The Whole Person doesn’t provide the service I need?”

That’s okay.

One of the goals of Information & Referral is helping people connect with the organizations and community resources that best fit their situation.

If another provider is better equipped to help, we’ll point you in the right direction.

“Do I need to know which program I qualify for?”

No.

Many people contact us before they know what services are available.

We’ll help you understand your options.

“Can family members call?”

Absolutely.

Family members, caregivers, friends, and professionals often contact us on behalf of someone they care about.

We’re happy to help them understand available resources and next steps.

How The Whole Person Can Help

Finding the right resources shouldn't feel overwhelming.

The Whole Person serves as a trusted source of information, guidance, and community connections for individuals and families navigating disability, independent living, employment, transportation, home-based services, and other important life decisions.

Sometimes we help people access our own programs.

Other times, we connect them with another organization that's better equipped to meet their needs.

Either way, our mission remains the same: Helping people make informed decisions and move forward with confidence.



Sometimes One Conversation Changes Everything

You may begin with one question.

You may leave with several new possibilities.

Information & Referral isn't about handing
someone a brochure.

It's about listening, understanding, and
helping people discover resources that
support the life they want to live.

Sometimes the next step is a service.

Sometimes it's a referral.

Sometimes it's simply knowing you're not
facing the journey alone.

Every conversation has the potential to open
a new door.





You Don't Have to Figure It Out Alone.

Whether you're facing a new challenge, helping a loved one, or simply looking for answers, The Whole Person is here to help you understand your options and connect with the information and resources that best fit your situation.

You don't need to have every answer before you reach out.

You just need a place to begin.

We'll help you find the next step—together.



Learn more on our website:
www.thewholeperson.org

Want to Learn More?

If you'd like to explore additional services and resources available through The Whole Person, visit our Resource Center.

The Whole Person Resources

Browse articles, educational guides, and practical information designed to help individuals and families better understand disability services, independent living, employment, home care, transportation, advocacy, and community resources.



**Scan the QR code or
visit our website to
read the article.**

**[thewholeperson.org/
news-updates/](https://thewholeperson.org/news-updates/)**



Learn more on our website:
www.thewholeperson.org

Continue Your Journey

Related Resource Guides

Where Do I Start?

A Simple Guide for Individuals and Families Looking for Answers

Understanding Independent Living

Independence Is About Choice, Control, and Living Life on Your Terms

Transportation & Community Resources

Staying Connected to the People, Places, and Opportunities That Matter Most



Continue Your Journey
Visit us at www.thewholeperson.org/about-us/resources for more!



Learn more on our website:
www.thewholeperson.org





Need Help Finding the Right Next Step?

If you're unsure which services or resources may be right for you, The Whole Person is here to help.



We'll listen, answer your questions, and connect you with information and support that fits your unique situation.

Learn more on our website:
www.thewholeperson.org



Contact The Whole Person

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