

Your Guide to Disability Resources & Independent Living

Where Do I Start?



**Scan the QR code to learn
more or contact our team.**

www.thewholeperson.org



You're in the Right Place.

An illness. An injury. A new diagnosis.
A loved one who suddenly needs
help.

Life can change in an instant,
bringing more questions
than answers. If you're feeling
overwhelmed, you're not alone—and
you don't have to figure everything
out today.

For more than 50 years, The Whole
Person has helped individuals
with disabilities and their families
navigate life's changes through
services, information, advocacy, and
support that promote independent
living.

Wherever you're starting from, we're
here to help you take the next step.



Learn more on our website:
www.thewholeperson.org

The First Step Isn't Having All the Answers.

It's Knowing You Don't Have to Find Them Alone.

Maybe You're Thinking...

"I'm adjusting to a disability."

Life may look different than it did before, but independence is still possible. Every person's journey is unique, and support looks different for everyone.

"I'd like to work again."

Employment can be an important part of living independently. We can help you explore opportunities, resources, and support that align with your goals.

"I don't even know what questions to ask."

That's one of the most common things we hear.

"I want to stay in my own home."

Many people want to remain in the place they know and love. Understanding the support available is often the first step toward maintaining your independence.

"The hospital says I'm ready to go home... but I'm not sure I'm ready."

Returning home often brings new questions about recovery, safety, transportation, and everyday life. If you're wondering what comes next, we're here to help you explore your options.

"I'm worried about someone I love."

Whether you're helping a spouse, parent, child, or friend, becoming a caregiver can feel overwhelming. You don't have to carry that responsibility alone.

"Getting where I need to go has become difficult."

Transportation shouldn't stand between you and your healthcare, employment, education, or community. We'll help you explore available transportation resources.

You don't need to know the name of a program.

You don't need to know which services you qualify for.

You don't even need to know where to begin.

That's why we're here.

How It Works

Life Changes

A diagnosis, injury, hospital stay, caregiving responsibility, or another life event.

Questions

Not sure what services exist or where to begin? That's okay.

One Conversation

Our team listens first and helps understand your situation.

Resources and Support

We'll connect you with programs, services, advocacy, transportation, employment resources, or community partners.

Greater Independence

Together, we build a plan that helps you move forward with confidence.



What Happens When You Contact The Whole Person?

Every conversation begins with listening.

We'll take time to understand your situation, answer your questions, and help you explore the options that best fit your goals.

If The Whole Person provides the service you're looking for, we'll explain the next steps.



If another organization or community resource is a better fit, we'll help connect you with the right place.

Our goal isn't simply to provide services.

Our goal is to help you move forward with confidence.

It's Okay If You Don't Know...

Many people worry they should have everything figured out before asking for help.

You don't need to know:

- ✓ Which program you need
- ✓ What services you qualify for
- ✓ Every question to ask
- ✓ Exactly what comes next

That's our job.



Every Situation Is Different.

Some people are recovering after a hospital stay.

Others are adjusting to a disability.

Some are caring for a loved one.

Others are looking for employment, transportation, advocacy, or community resources.

Whatever brought you here, we'll help you understand your options and identify the next step that's right for you.

We Believe...

Independent living doesn't mean doing everything by yourself.

It means having the freedom to make your own choices while having access to the support you need to live the life you choose.

Every person deserves dignity.

Every person deserves opportunity.

Every person deserves the chance to participate fully in their community.



You Don't Have to Figure It Out Alone.

Asking for help isn't the end of your independence.

For many people, it's the beginning of it.

When you're ready, we're here.



Contact The Whole Person

Main Office

3710 Main Street, Kansas City, MO 64111

Kansas Office

650 Minnesota Ave, Kansas City, KS 66101

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1211 N Belt Hwy, St Joseph, MO 64506

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Website

www.thewholeperson.org



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